

Who are Pavilions?


Pavilions is a partnership of organisations, led by Cranstoun, working with Surrey & Borders Partnership NHS Foundation Trust, Equinox, Brighton Oasis Project, YMCA Downslink Group and Cascade Creative Recovery.

Pavilions delivers Adult Drug and Alcohol Services for residents of Brighton and Hove.

We support individuals & families to improve their wellbeing, to take control, live meaningful lives and meet their recovery goals.

Please see our website for more detailed information www.pavilions.org.uk

Follow us on
 Twitter @Pavilions_org

Like us on Facebook


Email us at
 info@pavilions.org.uk

We don't judge, we help.

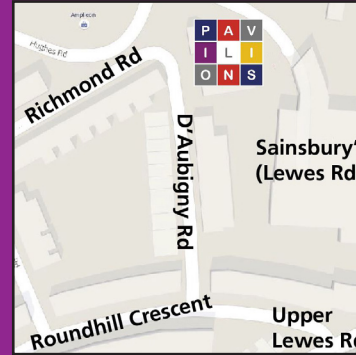


Service Commissioned
by Brighton & Hove City
Council

Our contact details:

Main access point & referral hub

Richmond House, Richmond Road,
Brighton, BN2 3RL
t: 01273 731900
t: 0800 014 9819



Pavilions is on the corner of D'Aubigny & Richmond Road.

Closest bus stop:
Sainsbury's Lewes Road, bus no. 23 / 49 / 25 / 37 / 50 / 78

Families & Carers Team & access point

9 The Drive, Hove, BN3 3JE
t: 01273 680714

Women's Service inc Needle Exchange

11 Richmond Place, Brighton, BN2 9NA
t: 01273 696970

Needle Exchange

Brighton Homeless Healthcare, Morley Street, Brighton, BN2 9DH

*For opening times, information and support, call us 9am-5pm Monday to Friday, until 7pm on Thursdays & 10am-1pm on Saturdays or visit our website.



**Maybe it's
time to call
Pavilions on
01273 731900?**

Brighton & Hove Adult Drug & Alcohol Service



Ask yourself...

Are you worried about your health?

Have others expressed concerns about your use?

Ever felt like you have overdone it?

Are you not feeling like yourself?

Have you tried cutting down and feel you could benefit from some help?

Is your use affecting your relationships with family, friends or partner?

Do you want to make a change?

If so, get in touch with Pavilions. We provide confidential support, information, treatment or whatever else you need to help you achieve your goals in terms of drugs/alcohol use.

We will:

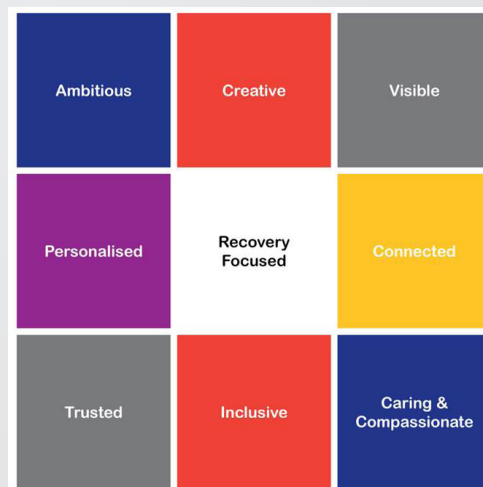
- Support, encourage and listen to you
- Help you develop personal goals
- Link you with a vibrant recovery community who can support you
- Put you at the heart of all decisions
- Help you access support which is most appropriate for your needs and goals
- Explore your strengths while promoting your recovery
- Inspire and validate your hopes
- Offer you the support of a peer mentor
- Help you explore and identify the issues which underlie and trigger your use

“The staff were so helpful and really understood the reasons why I started drinking. With their help, I have been able to get on top of it, and my whole life has improved ”

“My drug use was starting to really affect my work and my relationships. Pavilions provided just what I needed to get my life back on track”

How we work:

After an initial assessment of your current situation and future goals, you will be assigned a care coordinator who will guide you through your recovery journey.



All our interventions are tailored to your needs and are based around your personal goals.

We can support you with many aspects of your life, including your finances & housing. We will help you address physical and mental health concerns. Together we can lay the groundwork for your recovery.

Our services:

- A variety of groups, focusing on developing strengths, recovery and self-resilience
- One to one support via regular meetings with a care coordinator
- Needle Exchange, harm reduction, safer injecting advice, including steroid information
- Families & Carers Team if you are affected by a family, friend or significant other's drug or alcohol use. They provide one to one sessions, counselling & group support
- Women's Service and Needle Exchange, supports women affected by substance misuse and empowers them to make positive changes in their lives
- Blood borne virus screening, treatment, vaccination and support from a specialist nurse
- Community or inpatient detox and/or referral to residential treatment
- Support in accessing Education, Training & Volunteering
- Multiple venues and flexible opening hours, including evening & weekends
- LGBT-specific service including advice around sexual risk taking & using chems for sex
- Peer mentors sharing their lived experience to support people currently in treatment