



Recover with Pride

LGBTQ+ GAMBLING HARM SUPPORT

Service Strategy 2026-2028





“As Chief Executive of Brighton & Hove LGBT Switchboard and Senior Responsible Officer for Recover with Pride, I am proud to introduce this service strategy for the UK’s first dedicated LGBTQ+ gambling harm prevention and recovery programme.

For fifty years, Switchboard has listened to and stood alongside LGBTQ+ communities through changing times. Again and again, we hear stories of people carrying hidden burdens – of shame, stigma, isolation and distress – while trying to keep going in a world that is still not always safe or welcoming. Gambling harm is one of those hidden burdens. It is often missed, misread or minimised, particularly when it intersects with the specific pressures LGBTQ+ people face discrimination, family rejection, minority stress, financial precarity, and the search for affirmation in spaces that can themselves be risky or exploitative.

Recover with Pride has been designed to change that. Co-produced with people who have lived experience of gambling harms, it brings together specialist LGBTQ+ support, evidence-based approaches, and the power of peer connection. Grounded in strong partnerships – including with the University of Brighton and Reframe Coaching – this strategy sets out how we will deliver trauma-informed, intersectional, and culturally competent support that feels genuinely safe, affirming and inclusive.

Our ambitions go beyond individual support. Recover with Pride seeks to shift systems, not just services: influencing primary care, mental health, criminal justice, housing, and community partners to recognise gambling harm earlier and respond more effectively to LGBTQ+ people. We will build an evidence base, share learning nationally, and centre lived experience in every layer of our governance and decision-making.

This strategy is both a commitment and an invitation. A commitment to LGBTQ+ people who have been harmed by gambling that we see you, we believe you, and we are working with you to create different futures. And an invitation to our partners, funders and allies to join us in building a response that is as bold, compassionate and resilient as the communities it serves.

Together, we can ensure that recovering with pride is not a slogan, but a lived reality”

Rob Sainsbury (he/him)
Chief Executive, Brighton & Hove LGBT Switchboard
Senior Responsible Officer, Recover with Pride





Why We Exist

LGBTQ+ people experience disproportionate gambling harms driven by minority stress, stigma, discrimination, social isolation, and exclusion from culturally safe support. Research shows gambling is often used as escapism, a way to cope with shame, concealment, and trauma, while mainstream services frequently feel unwelcoming or unsafe. Offline gambling spaces are described as hostile and hyper-masculine, pushing people toward online environments that offer privacy but enable harm. Participants call for LGBTQ+-specific, identity-affirming, trauma-informed support, visible inclusion, peer leadership, and system change.

Our response is Recover with Pride: the UK's first dedicated, trauma-informed, identity-affirming gambling harm recovery programme designed for and by LGBTQ+ communities. We exist to make recovery safe, visible, and dignified, and to transform systems so LGBTQ+ people are recognised, supported, and never left behind.



What LGBTQ+ communities say

Many LGBTQ+ people describe gambling to escape from the pressures of minority stress, concealment, and isolation. One participant reflected, *"It was a distraction from things I was going through,"* explaining how gambling offered temporary relief from microaggressions, family rejection, and the struggle of living with a hidden identity.

Offline gambling spaces are often perceived as hostile and exclusionary. As one person put it, *"I don't want to be in that environment,"* highlighting how betting shops and casinos can feel hyper-masculine and unwelcoming, with advertising that rarely includes LGBTQ+ representation. For many, online gambling offers privacy and anonymity, but it also increases exposure to harm.

Barriers to support are significant. Some participants reported being told to *"go seek support elsewhere,"* describing how fear of judgement and unconsciously biased services drove them away from mainstream provision. Group settings were often felt to be unsafe for disclosure, and faith-based support was described as alienating for those whose identities had already been marginalised in religious contexts.

Others emphasised the need for tailored, intersectional support. One participant explained, *"I needed support that understood how it all intertwined,"* pointing to the ways neurodivergence, disability, migration, and compounded stigma increased vulnerability. Without services that recognise these overlapping realities, recovery feels incomplete.

Protective factors do exist, and they are powerful. Social support networks, peer groups, and inclusive therapy provide resilience. Practical tools such as self-exclusion mechanisms, bank blocks, and affordability checks help reduce risk. Participants also called for better regulation and advertising controls, alongside visible LGBTQ+-affirming practice, to create safer environments and more trustworthy pathways to recovery.





Evidence Base

Research consistently shows that LGBTQ+ individuals are more likely to experience gambling harms despite often participating less frequently than heterosexual and cisgender peers. Trans and gender diverse youth are at particularly high risk, and those with intersecting minority identities, such as people of colour, migrants, or those living with disability, face compounded harms that intensify vulnerability.

The drivers of these harms are rooted in minority stress and discrimination, with many LGBTQ+ people using gambling to cope with social isolation, concealment of identity, or financial precarity. For some, the costs associated with transition or the pressures of co-occurring mental health and substance use challenges further increase the likelihood of gambling becoming harmful.

Barriers to support are significant. Mainstream services often operate with heteronormative assumptions, use pathologising language, or lack cultural competence. Many LGBTQ+ people fear being outed or judged, and some find group settings unsafe or unwelcoming. Inclusive options within gambling environments remain limited, leaving individuals reluctant to seek help.

The evidence points clearly to solutions: peer-led, trauma-informed, culturally competent, and identity-responsive interventions are essential. Inclusive governance and visible representation ensure services feel safe and authentic, while coalition building and systemic reform are needed to embed LGBTQ+ inclusion across health and social care systems.

Protective factors also emerge from the research. Strong social support networks, mainstream connectedness, and access to inclusive services can reduce harms. Practical tools such as self-exclusion mechanisms, bank blocks, and ethical regulation provide additional safeguards, helping LGBTQ+ people regain control and resilience in their recovery journeys.



Service Overview

Recover With Pride is the UK's first trauma-informed, identity-affirming gambling harm recovery service designed *for and by* LGBTQ+ communities. It is not just a support programme, it is a movement for systemic change, rooted in lived experience, dignity, and inclusion.

Led by Brighton & Hove LGBTQ+ Switchboard and in partnership with Reframe Coaching, and the University of Brighton, Recover with Pride centres LGBTQ+ voices at every level: from governance and strategy to delivery, evaluation, and ongoing support.

The service is co-designed and co-delivered by LGBTQ+ individuals with lived experience of gambling harm, ensuring cultural competence, safety, and authenticity are embedded throughout.

This is a community-driven response to a systemic gap, a pioneering model that affirms identity, empowers recovery, and builds resilience through peer connection and trauma-informed care.





What Makes Us Unique

- **Lived Experience Leadership:** Coaches, advisors, and strategic leads all bring lived experience of gambling harm or LGBTQ+ identity.
- **Peer-Led Delivery:** Support is delivered by LGBTQ+ recovery coaches trained in trauma-informed practice.
- **Inclusive Governance:** Advisory panels and steering groups include LGBTQ+ individuals with lived experience, shaping every decision.
- **Community-Driven Design:** Service components are co-produced through listening sessions, outreach, and feedback loops.
- **Affirming & Accessible:** Delivered online to reach LGBTQ+ individuals nationally, with safeguarding and inclusion at the core.
- **First of Its Kind:** No other UK service offers gambling harm recovery tailored specifically to LGBTQ+ needs, led by LGBTQ+ people.



Alignment to Switchboard Strategy

Recover With Pride is not a standalone programme, it is embedded within Brighton & Hove LGBT Switchboard's broader organisational strategy. As Switchboard approaches its 50th anniversary, the charity has set out five strategic themes: Financial Resilience, Governance Maturity, Service Impact & Growth, Partnership Leverage, and Risk Assurance. Recover With Pride directly contributes to each of these objectives:

Financial Resilience

- **Diversification of income:** Gambling harms funding adds a new, multi-year stream to Switchboard's portfolio, reducing reliance on short-term project grants.
- **Income for impact:** Awareness campaigns and training linked to Recover with Pride can generate unrestricted income, directly supporting Switchboard's wider services (e.g., BOLD, domestic abuse).
- **National positioning:** By leading the UK's first LGBTQ+ gambling harm service, Switchboard becomes eligible for new national funding conversations, strengthening long-term sustainability.

Governance Maturity

- **Lived experience embedded:** Advisory panels and peer coaches ensure governance is participatory, aligning with Switchboard's principle of "by and for."
- **Safeguarding excellence:** Trauma-informed policies and reflective practice within Recover with Pride reinforce Switchboard's refreshed safeguarding framework.
- **Transparency:** Quarterly evaluation workshops and annual impact reporting strengthen accountability to trustees, funders, and communities.





Service Impact & Growth

- Filling a systemic gap: Gambling harms have been under-recognised in LGBTQ+ health inequalities. Recover With Pride expands Switchboard's service portfolio into this critical area.
- National reach: Online delivery ensures services are accessible across the UK, extending Switchboard's impact beyond Sussex.
- Complementary services: Recover with Pride sits alongside Switchboard's helpline, domestic abuse advocacy, TNBI social prescribing, and BOLD programme, creating a holistic suite of LGBTQ+ wellbeing services.

Partnership Leverage

- System convening: Switchboard already leads the Brighton & Hove LGBTQ+ Leadership Collective. Recover With Pride adds gambling harms expertise to this coalition.
- Cross-sector pathways: Referral links with NHS, public health, and gambling support networks strengthen Switchboard's reputation as a trusted partner in health inequalities.
- National advocacy: Evidence from Recover with Pride positions Switchboard to influence Department of Health & Social Care, NHS England, and GambleAware on LGBTQ+ inclusion in gambling harm policy.

Risk Assurance

- Mitigating engagement risks: Co-production with LGBTQ+ communities ensures services are relevant and trusted, reducing the risk of low uptake.
- Safeguarding risks managed: Trauma-informed practice and supervision prevent re-traumatisation, aligning with Switchboard's strengthened safeguarding oversight.
- Funding risk reduced: Independent evaluation provides robust evidence to secure continuation funding and policy support.



Our Strategic Fit

- It embeds Switchboard's values of inclusion, dignity, and community leadership into a new service area.
- It strengthens Switchboard's national profile as a convenor and influencer on LGBTQ+ health inequalities.
- It diversifies income streams and builds resilience against funding volatility.
- It expands service impact into gambling harms, complementing existing programmes and addressing an unmet need.
- It reinforces governance maturity by embedding lived experience at every level.



Recover with Pride Vision, Mission & Values

Vision

Recover with Pride

A UK where LGBTQ+ individuals are free from gambling harms, supported by culturally competent, trauma-informed services that affirm identity and empower recovery.



Values

VALUES



Empowerment
Recovery led by peers with lived experience.



Inclusion
Services designed for and by LGBTQ+ communities.



Trauma Informed Practice
Safety, respect and dignity at every stage.



Collaboration
Partnerships across health, community, and research sectors.



Evidence Based
Continuous evaluation and learning to drive systemic reform.

Mission



MISSION

To deliver pioneering, peer led gambling harm prevention and recovery services for LGBTQ+ communities, rooted in lived experience, dignity, and inclusion.



Recover with pride Guiding Principles

LIVED EXPERIENCES AT THE CORE



“Nothing about us without us.”

Lived Experience at the Core

- Every service, campaign, and evaluation is designed and delivered with LGBTQ+ lived experience leadership.
- Advisory panels and peer coaches are embedded in governance and delivery.
- Principle: “*Nothing about us without us.*”

Trauma-Informed Practice

- Safety, dignity, and respect are non-negotiable in all interactions.
- Staff and volunteers receive ongoing supervision and reflective practice.
- Principle: “*We create spaces where recovery feels safe and identity is affirmed.*”

TRAUMA-INFORMED PRACTICE



We create spaces where recovery feels safe and identity is affirmed.

CULTURAL COMPETENCE & INCLUSION



We meet people where they are, in ways that honour who they are.

Cultural Competence & Inclusion

- Services are tailored to diverse LGBTQ+ identities, including intersectional experiences (race, neurodiversity, disability, faith).
- Language, imagery, and outreach are inclusive and affirming.
- Principle: “*We meet people where they are, in ways that honour who they are.*”

Evidence-Led & Transparent

- Independent evaluation (University of Brighton) ensures credibility.
- Annual impact reports and open data sharing build trust with funders and communities.
- Principle: “*We learn, adapt, and share openly.*”

EVIDENCE-LED & TRANSPARENT



“We learn, adapt, and share openly.”





Collaboration & Partnership

COLLABORATION & PARTNERSHIP



"We achieve more together than alone."

- Multi-agency pathways with NHS, public health, and LGBTQ+ organisations.
- National coalition building to amplify advocacy and systemic reform.
- Principle: *"We achieve more together than alone."*

Sustainability & Ethical Growth

- Funding is diversified and fundraising is dignity centred
- Replicable service model ensures national scalability without losing cultural integrity.
- Principle: *"We grow responsibly, with ethics at the heart."*

SUSTAINABLE & ETHICAL GROWTH



"We grow responsibly, with ethics at the heart!"

ACCESSIBLE & DIGITAL INNOVATION



"Support should be available wherever people are."

Accessibility & Digital Innovation

- Hybrid delivery (online + community-based) ensures reach across regions.
- Secure digital infrastructure protects privacy and enables flexible access.
- Principle: *"Support should be available, wherever people are"*

Advocacy for Systemic Change

- Testimony and evidence are used to influence national gambling harm policy.
- Campaigns challenge stigma and shift public health discourse.
- Principle: *"We don't just support individuals, we change systems."*

ADVOCACY FOR SYSTEMS CHANGE



"We don't just support individuals – we change systems!"





Recover with Pride Strategic Pillars

Pillar 1: Service Excellence



- Deliver 1:1 recovery coaching, group coaching, and wellbeing groups.
- Embed safeguarding, supervision, and trauma-informed frameworks.
- Ensure services are accessible online and through trusted community partners.

Pillar 2: Awareness & Education

- Run annual national campaigns to reduce stigma and raise visibility.
- Partner with Pride events, LGBTQ+ media, and grassroots organisations.
- Partner with NHS and statutory bodies.
- Partner with current gambling support network across the UK.
- Train frontline professionals in LGBTQ+ gambling harm awareness and Inclusive Award.



Pillar 3: Partnership & Advocacy



- Build referral pathways with NHS, public health, and LGBTQ+ organisations.
- Establish a national coalition of LGBTQ+ gambling harm advocates.
- Influence policy and funding decisions through evidence and lived experience testimony.

Pillar 4: Evidence & Evaluation

- Partner with University of Brighton for independent evaluation.
- Collect robust quantitative and qualitative data.
- Publish annual impact reports and contribute to national research agendas.





Pillar 5: Sustainability & Growth



- Secure multi-year funding and diversify income streams.
- Develop ethical fundraising processes centred on dignity and lived experience.
- Produce a replicable service model for national adoption.





The Overview of Our Two-Year Strategy



Phase 1: Foundations & Launch (2026)

In the first year, we focus on laying strong foundations. Recovery coaches and peer supporters are recruited and trained, embedding lived experience leadership at the heart of delivery. Safeguarding and GDPR frameworks are fully integrated, ensuring services are safe, ethical, and accountable. Pilot programmes begin, supporting 50 individuals through one-to-one coaching and engaging 60 participants in group sessions. Alongside this, a national awareness campaign is launched, challenging stigma and raising visibility of LGBTQ+ gambling harms.



Phase 2: Expansion & Deepening Impact (2027)

In the second year, we move from foundations to growth. Services scale up to reach 70 individuals in coaching, with expanded group and wellbeing programmes. More than 50 frontline professionals are trained, strengthening NHS and public health pathways and embedding cultural competence across systems. The University of Brighton publishes the Year 1 external evaluation, providing independent evidence of impact and guiding further refinement. Recover With Pride begins to influence policy debates, using lived experience testimony and evaluation findings to shape national conversations.



Phase 3: Consolidation & Sustainability (2028)

By the third year, Recover with Pride consolidates its achievements and prepares for legacy. A national toolkit is produced, capturing the model in a replicable format for wider adoption. A dissemination event shares findings, case studies, and evaluation evidence with partners, funders, and policymakers. Continuation funding is secured, ensuring resilience and long-term sustainability. Most importantly, Recover with Pride influences national gambling harm policy, embedding LGBTQ+ inclusion into systemic reform.





Service Frameworks

Equity, Diversity & Inclusion Framework

Recover With Pride affirms LGBTQ+ identities across all intersections, including race, disability, neurodiversity, faith, migration status, and lived experience of trauma. The EDI Framework embeds lived experience leadership in governance, service design, and evaluation, ensuring that every aspect of delivery is culturally competent and accessible. It commits to creating psychologically safe spaces, challenging stigma and discrimination, and making services available in plain language and multiple formats so that all communities can engage with dignity and respect.

Governance Framework

Governance is participatory and accountable. Trustees hold ultimate responsibility for oversight, while the CEO/SRO provides strategic leadership and ensures compliance with legal and ethical standards. The Service Manager leads operational implementation, coordinating delivery and safeguarding. The Lived Experience Advisory Board (LEAB) ensures that governance is inclusive and participatory, bringing community voice directly into decision-making and strategy.

Safeguarding Framework

Safeguarding is trauma-informed and identity-affirming. Clear reporting lines ensure accountability, while reflective supervision supports staff and volunteers to explore bias, power, and identity in their practice. Safeguarding audits are conducted quarterly, ensuring that risks are identified and mitigated, and that services remain safe, respectful, and responsive to the needs of LGBTQ+ communities.

GDPR & Data Protection Framework

Data protection is managed ethically and securely. All partners adhere to GDPR and the Data Protection Act, with Data Sharing Agreements in place to govern responsibilities. Anonymisation and pseudonymisation are used in evaluation, and breach protocols ensure transparency and accountability. Participants are informed of their rights and consent processes are clear, ensuring trust in how information is handled.

Lived Experience Involvement Framework

Lived experience is embedded at every level. Recovery coaches, peer supporters, and LEAB members act as champions of inclusion, shaping campaigns, co-producing evaluation, and ensuring services reflect the realities of those most affected. This framework guarantees that lived experience is not tokenistic but central to governance, delivery, and advocacy.





Volunteer Framework

Volunteers are recruited through inclusive, transparent processes that reflect the diversity of LGBTQ+ communities. Accredited training equips peer supporters and ambassadors with the skills they need, while reflective supervision ensures wellbeing and resilience. Recognition and progression pathways are built in, ensuring volunteers feel valued and supported to grow into leadership roles.

Risk Management Framework

Risk management is comprehensive and proactive. Risks are identified, measured, and mitigated across safeguarding, data protection, finance, and reputation. A risk register is maintained and reviewed quarterly, with escalation pathways to Trustees for severe risks. An annual independent audit ensures accountability and continuous improvement, embedding resilience into the service.

External & Public Affairs Framework

Recover With Pride engages strategically with external partners and policymakers. Public affairs campaigns amplify lived experience voices, while government affairs work ensures LGBTQ+ gambling harms are recognised in national policy. Stakeholder mapping and coalition building strengthen advocacy, ensuring Recover with Pride is a credible national leader in both gambling harm and LGBTQ+ inclusion.

Evaluation & Impact Framework

Evaluation and monitoring are integrated across all frameworks to ensure accountability and learning. Clear objectives are defined for each strategic pillar, with outcomes measured through both quantitative and qualitative data. Core-10 and WEMWBS tools track changes in psychological distress and wellbeing, while case studies capture lived experience narratives. Inclusive demographic data highlights intersectional disparities, ensuring equity of outcomes.

A mid-point external evaluation at the end of Year 1 (2026) provides independent feedback on delivery and early impact, while a full end-of-programme evaluation at the end of Year 2 (2027) validates outcomes, replicability, and sustainability. Continuous feedback loops – through quarterly workshops, reflective practice, and community forums, ensure findings are used to adapt services in real time.

Impact is reported through quarterly updates to Trustees, annual impact statements, and national dissemination events. Evidence is used not only to demonstrate service effectiveness but also to influence policy, strengthen partnerships, and secure sustainable funding. In this way, evaluation is not a separate process but a core part of Recover with Pride's identity: transparent, evidence-led, and rooted in lived experience.



Key Performance Indicators (Year by Year)

Objective	Jan-Dec 2026	Jan-Dec 2027	Jan-Jan 2028	Total (Project)
Reach (1:1 coaching)	50 individuals	70 individuals	30 individuals	150 individuals
Group coaching participants	60	80	60	200 participants
Wellbeing group attendances	40	80	80	200 attendances
Professionals trained	30	50	20	100 professionals
Campaign reach	20,000	30,000	25,000	75,000 people
Partnerships established	10	15	5	30 referral pathways





Our Story – A Deeper Look

Phase 1: Foundations & Launch January 2026–December 2026

- Recruit and train LGBTQ+ recovery coaches.
- Deliver pilot services to 50 individuals.
- Launch awareness campaign.
- Establish referral pathways.
- Mid-year evaluation checkpoint.

Phase 2: Expansion & Deepening Impact January 2027–December 2027

- Scale service to support 70 individuals.
- Expand group coaching and wellbeing groups.
- Train 50+ professionals.
- Strengthen partnerships with NHS, Third sector and LGBTQ+ organisations.
- Publish Year 2 evaluation report.

Phase 3: Consolidation & Sustainability 2027 and Beyond

- Produce national toolkit and replicable model.
- Host national dissemination event.
- Publish final evaluation and sustainability plan.
- Secure Further Funding for continuation of service

Enablers

- Digital Infrastructure: Secure online portal, CRM, and evaluation tools.
- Workforce Development: Train and supervise LGBTQ+ recovery coaches, Peer Supporter and Clinical Supervisor.
- Community Engagement: Advisory panel of lived experience members.
- Safeguarding & Governance: Policies covering risk, inclusion, and data protection.





Governance

- Steering Group: Quarterly meetings (Switchboard, Reframe, University of Brighton).
- Delivery Team: Monthly check-ins and reflective supervision.
- Evaluation Workshops: Quarterly with University of Brighton.
- Advisory Panel: Lived experience members guiding service design and delivery.

Success Measures

- 150 LGBTQ+ individuals supported across the project.
- 200+ participants engaged in group coaching.
- 100 professionals trained in LGBTQ+ gambling harm awareness.
- 75,000 people reached through campaigns.
- 30 referral pathways established nationally.
- National recognition as the UK's leading LGBTQ+ gambling harm service.

Sustainability & Legacy

By January 2028, *Recover with Pride* will:

- Deliver a fully evaluated, replicable national model.
- Establish a trained workforce of LGBTQ+ recovery coaches.
- Influence national gambling harm policy and funding.
- Trained hundreds of individuals in LGBTQ+ community & Gambling harms.
- Become the national lead for
- Create a legacy of dignity-centred, lived experience-led services.





Recover With Pride – Theory of Change



THEORY OF CHANGE

Problem Statement

LGBTQ+ communities in the UK experience disproportionately high levels of gambling harm compared to the general population. This disparity is driven by minority stress, stigma and discrimination, co-occurring mental health challenges, and limited access to culturally competent, identity-affirming support. Many LGBTQ+ individuals face additional barriers to seeking help, including fear of judgment, heteronormative service environments, and a lack of awareness of gambling harms within LGBTQ+ contexts. As a result, gambling harm often remains hidden, untreated, and compounded by social isolation and poor mental wellbeing.

Inputs

Recover With Pride draws on the following resources and partnerships to address these challenges:

Lived Experience Coaches: LGBTQ+ individuals trained in recovery coaching and trauma-informed practice

1. Strategic Partnerships:
 - Brighton & Hove Switchboard – community engagement and outreach
 - Reframe Coaching – programme design and delivery
 - University of Brighton – independent evaluation and learning
2. Funding and Resources: Staffing, training, outreach, digital delivery, and evaluation budgets
3. Community Networks: LGBTQ+ organisations, grassroots groups, NHS and public health partners
4. Digital Infrastructure: Secure online portal, CRM system, and evaluation tools





Activities

Using these inputs, Recover with Pride will:

- Deliver 1:1 recovery coaching to up to 150 LGBTQ+ individuals experiencing gambling harm
- Facilitate group coaching and wellbeing sessions for 200+ participants
- Deliver national awareness campaigns reaching at least 75,000 people
- Train 100 frontline professionals in LGBTQ+ gambling harm awareness and inclusive practice
- Establish 30 referral pathways with NHS services and LGBTQ+ organisations
- Conduct a mixed-methods evaluation led by the University of Brighton

Outputs & Outcomes

- 150 LGBTQ+ individuals supported through coaching.
- 200 participants engaged in group coaching.
- 200 attendances at wellbeing groups.
- 100 professionals trained.
- 75,000 people reached through campaigns.
- 30 referral pathways established.
- Quarterly and annual evaluation reports published.

Short-Term (2026):

- Increased awareness of gambling harms in LGBTQ+ communities.
- Improved access to culturally competent, trauma-informed support.
- Reduced stigma and increased willingness to seek help.

Medium-Term (2027):

- Improved wellbeing, resilience, and self-efficacy among participants.
- Strengthened referral pathways and professional competency.
- Greater visibility of LGBTQ+ gambling harms in public health discourse.





Long-Term (2028):

- Reduced gambling harms in LGBTQ+ communities.
- Sustainable, replicable national model of LGBTQ+ gambling harm support.
- Policy influences and systemic reform in gambling harm prevention.

Impact

As a result of this programme:

- LGBTQ+ individuals experience safer, more inclusive, and identity-affirming recovery pathways
- Communities build resilience and contribute to reduced health inequalities
- National systems increasingly adopt culturally competent, trauma-informed approaches to gambling harm
- Recover with Pride becomes a nationally recognised model for lived-experience-led, LGBTQ+-affirming gambling recovery.

