



# LGBTQ+ GAMBLING HARM TASTER

A concise introduction for teams who want practical awareness, safer conversations, and immediate actions.

## TASTER TRAINING

### FORMAT

Live online or in-person taster session

### DURATION

1 hour

### IDEAL FOR

Organisations, services, community groups, managers, and frontline teams wanting a strong starting point

### YOU WILL COVER

- LGBTQ+ inclusion essentials
- Gambling harms in LGBTQ+ communities
- Safety, screening, and support

### WHAT PARTICIPANTS CAN EXPECT

- A clear introduction to LGBTQ+ inclusion, minority stress, and why this matters in gambling harm work
- An overview of how gambling harms can affect LGBTQ+ people, including hidden indicators and stigma
- Practical guidance on digital safety, pridewashing, quick-exit features, and safer online environments
- Simple next steps around asking one safe question, signposting, and harm-reduction tools

*Designed as a short, engaging introduction. Ideal before booking a longer session.*

### WHAT THEY WILL LEAVE WITH

- Better awareness and shared language
- Immediate actions your team can apply
- Confidence to spot concerns earlier
- Signposts to further support and training

To discuss which session is right for your organisation please contact our Gambling Harms Service Manager Benjamin Howard at [ben.howard@switchboard.org.uk](mailto:ben.howard@switchboard.org.uk)

